



UNIVERSITY OF AMERICA DEGREE PROGRAMME
College of Natural Health Sciences

BACHELORS IN NATUROPATHY AND HOLISTIC MEDICINE

CURRICULUM

Name: SAMPLE
Address:
Email:
Gender:
Date of birth:
Date:

These are the courses you would be required to complete for the award of **Bachelors in Naturopathy and Holistic Medicine**.

Courses that you have received EXEMPTION for are marked with a X.

BACHELORS CURRICULUM

FIRST YEAR			
FIRST TRIMESTER			
CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6001	Anatomy and Physiology	10	
BNHM6002	Pathology for Natural Medicine	10	
BNHM6003	Intro Medical Diagnostic Lab	4	
Total for trimester:		24 credits	
SECOND TRIMESTER			
CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6004	Cell & Molecular Biology	4	
BNHM6005	Biochemistry & Lab	4	

BNHM6006	History & Philosophy of Naturopathic Medicine	4
BNHM6007	Toxicology	4
BNHM6008	Emunctorology – The Science of Detoxification	4
	Total for trimester:	20 credits
THIRD TRIMESTER		
CODE	TOPIC	CREDITS
BNHM6009	Naturopathic Nutrition	8
BNHM6010	Naturopathic Medicine	8
BNHM6011	Clinical Skills and Differential Diagnosis	4
	Total for trimester:	20 credits
	Total credits for year:	64 credits

SECOND YEAR			
FIRST TRIMESTER			
CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6012	Homeopathic Medicine	6	
BNHM6013	Herbal Medicine	6	
BNHM6014	Pharmacology	6	
	Total credits for trimester:	18 credits	
SECOND TRIMESTER			
CODE	TOPIC	CREDITS	EXEMPTIONS

<i>BNHM6015</i>	<i>THE SCIENCE OF NATURAL HEALING – PART 1</i>	
Lecture 1 – BNHM6015A	Understanding Holistic Integrative Medicine	1
	Shifting the Health-Care Paradigm	
Lecture 2 – BNHM6015B	Understanding Holistic Integrative Medicine	1
Lecture 3 – BHNM6015C	Nutrigenomics and Pharmacogenomics- You Are More Than Your Genes	1

Lecture 4 – BHN6015D	Nutritional Medicine I – Food Matters	1
Lecture 5 – BHN6015E	Nutritional Medicine II- Not All Foods Are Created Equal	1
Lecture 6 – BHN6015F	Natural Approaches to Inflammation	1
<i>BHN6016</i>	<i>THE SCIENCE OF NATURAL HEALING – PART 2</i>	

Lecture 7- BHN6016A	Nutritional Medicine III- Food Sensitivity and the Elimination Diet	1
Lecture 8 – BHN6016B	Nutritional Medicine IV – Vitamins and Supplements	1
Lecture 9 – BHN6016C	Botanical Pharmacy and Herbal Remedies	1
Lecture 10 – BHN6016D	Lowering Cholesterol Naturally	1
Lecture 11- BHN6016E	Treating High Blood Pressure Naturally	1
Lecture 12- BHN6016F	Treating Diabetes Naturally	1
		6 credits
<i>BHN6017</i>	<i>THE SCIENCE OF NATURAL HEALING – PART 3</i>	
Lecture 13 – BHN6017A	Naturopathic Approaches to Mental Health I Stress and the Mind-Body Connection	1
Lecture 14 – BHN6017B	Naturopathic Approaches to Mental Health II – Turning Strength into Strength	1
Lecture 15 – BHN6017C	Oriental and Chinese Medicine	1
Lecture 16 – BHN6017D	Naturopathic Approaches to Mental Health III	1
Lecture 17- BHN6017E	Biofield Therapies	1
Lecture 18 – BHN6017F	Medical Sociology – The Power of Love	1
		6 credits

<i>BNHM6018</i>	<i>THE SCIENCE OF NATURAL HEALING – PART 4</i>	
Lecture 19 – BHNM6018A	Spirituality in Health I	1
Lecture 20 – BHNM6018B	Spirituality in Health II – Components of Spiritual Wellness	1
Lecture 21 – BHNM6018C	Naturopathic Clinical Practice – Applying the Lessons of Natural Healing	1

Lecture 22 – BHNM6018D	Ecology and Health	1
Lecture 23 – BHNM6018E	Environmental and Community Health: Healthy People, Healthy Planet	1
Lecture 24 – BHNM6018F	Medical Psychology: You are Your Own Best Medicine	1
		6 credits
	Total credits for trimester:	24 credits

THIRD TRIMESTER

CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6019	Clinical Nutrition	4	

BNHM6020	Naturopathic Diabetic Management	6
BNHM6021	Research Methods & BioStatistics – Pt 1	4
BNHM6022	Iridology	6
	Total credits for trimester:	20 credits
	Total credits for second year:	62 credits

THIRD YEAR

FIRST TRIMESTER

CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6023	Nutrigenomics & Nutrigenetics	8	

BNHM6024	Hair Tissue Mineral Analysis	8	
BNHM6025	Psychology & Human Behaviour	6	
	Total credits for trimester:	22 credits	
SECOND TRIMESTER			
CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6026	Naturopathic Cholesterol Management	8	
BNHM6027	Bach Remedies for Mental Health	8	
	Total credits for trimester:	16 credits	
THIRD TRIMESTER			
CODE	TOPIC	CREDITS	EXEMPTIONS
BNHM6028	Su Jok Therapy	8	
BNHM6029	Naturopathic Sexology	8	
BNHM6030	Bachelor Dissertation/Thesis – 100 pages minimum	10	
	Total credits for trimester:	26 credits	
	Total credits for year:	64 credits	

TOTAL EXEMPTIONS: 0

TOTAL CREDITS REQUIRED: 190

The Bachelors in Naturopathy and Holistic Medicine programme, including all graduation requirements, must be completed within a maximum of four (4) years of matriculation, but is usually completed within 3 years.

Each trimester is 12 weeks. There is a total of 190 U.S. Credits to completion, covering 2,850 clock hours of study. Cost per credit hour is €55.

The degree will be awarded by the College of Natural Health Sciences, University of America (Curacao & Florida USA). Upon completion of all courses listed here, along with the dissertation and clinical practicum, the credits will be transferred via transcript to the University of America for processing. There is a final payment of \$2,500 that the student makes directly to the University of America at the end of the 2 or 3 years to be awarded the degree.

Course start date: Immediately, as soon as the Course Evaluation is agreed to.

Payment: Pay as you go – you simply pay for the courses that you take. There is also an instalment plan to ease the costs over time

Clinical Practicum: Clinical training in all these modalities is a requirement and this can be done at any natural health center in the world under the supervision of a qualified Naturopath. Most Associations around the world will ask for a minimum of 650 hours of clinical training at the Bachelor's level, with about 75% of these hours being completed with a Naturopath supervising. The other 25% can be with other qualified professionals such as medical doctors, chiropractors etc.

Assignments and Exams: Assignments and exams are usually on-line and timed – The pass mark for most courses is 60%. A mark higher than 85% earns a distinction.

Course Completion and Final Award: The Bachelors in Naturopathy and Holistic Medicine (B.N. HM) will be awarded when all the courses have been finalized, including the Bachelor's dissertation. There will be a final fee of \$2,500 wire transferred directly to the University of America Curacao, USA, to process the degree certificate. The degree will be issued by the University of America College of Natural Health Sciences, Curacao (UACNHS).

Application Fee: Upon acceptance, after returning this Enrolment Agreement, there is a €200 (Euros) Application Fee.

Enrolment Agreement - please sign below and initial each page and return to admin@collegenaturalmedicine.com

I have read and agree to the terms given above and will begin my course of study on _____ (date)

Signed: _____

Full name:

Date: _____

Email signed contract to: admin@collegenaturalmedicine.com

N.B. This is not a legal contractual agreement of any kind, but simply a guide to determine the courses required for completion of the said degree programme.